

LC Senior Zone Championship - 8/1/2019 to 8/4/2019
Session Report

Session: 1 Thursday Prelims

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	1 Women 200 IM	83	11 u	09:00 AM	_____
Prelims	2 Men 200 IM	78	10 u	09:31 AM	_____
Prelims	3 Women 100 Freestyle	100	13 u	09:56 AM	_____
Prelims	4 Men 100 Freestyle	83	11 u	10:12 AM	_____
Prelims	5 Women 100 Breaststroke	64	8 u	10:25 AM	_____
Prelims	6 Men 100 Breaststroke	76	10 u	10:37 AM	_____
	Break: 10 Minutes:				
Finals-S	9 Women 200 Freestyle Relay	14	2 u	11:01 AM	_____
Finals-S	10 Men 200 Freestyle Relay	12	2 u	11:06 AM	_____
Finals-S	7 Women 1500 Freestyle	20	3 u	11:10 AM	_____
Finals-S	8 Men 800 Freestyle	26	4 u	12:05 PM	_____
	Swimmers Counts for Warm-ups: 394	=====	=====		
	Entry / Heat Totals:	556	74		
	Finish Time			12:42 PM	_____

LC Senior Zone Championship - 8/1/2019 to 8/4/2019
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Session: 2 Thursday Finals

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 200 IM	32	4 u	05:00 PM	_____
Finals	2 Men 200 IM	32	4 u	05:13 PM	_____
Finals	3 Women 100 Freestyle	32	4 u	05:25 PM	_____
Finals	4 Men 100 Freestyle	32	4 u	05:32 PM	_____
Finals	5 Women 100 Breaststroke	32	4 u	05:39 PM	_____
Finals	6 Men 100 Breaststroke	32	4 u	05:47 PM	_____
Finals-1	7 Women 1500 Freestyle	8	1 u	05:54 PM	_____
Finals-1	8 Men 800 Freestyle	8	1 u	06:13 PM	_____
	Break: 10 Minutes:				
Finals-2	9 Women 200 Freestyle Relay	16	2 u	06:33 PM	_____
Finals-2	10 Men 200 Freestyle Relay	16	2 u	06:38 PM	_____
	Swimmers Counts for Warm-ups: 208	=====	=====		
	Entry / Heat Totals:	240	30		
	Finish Time			06:43 PM	_____

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Session: 3 Friday Prelims

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	11 Women 200 Freestyle	83	11 u	09:00 AM	_____
Prelims	12 Men 200 Freestyle	86	11 u	09:27 AM	_____
Prelims	13 Women 100 Butterfly	107	14 u	09:52 AM	_____
Prelims	14 Men 100 Butterfly	90	12 u	10:12 AM	_____
Prelims	15 Women 400 IM	56	7 u	10:27 AM	_____
Prelims	16 Men 400 IM	38	5 u	11:06 AM	_____
	Break: 10 Minutes:				
Finals-S	17 Women 400 Freestyle Relay	15	2 u	11:41 AM	_____
Finals-S	18 Men 400 Freestyle Relay	12	2 u	11:50 AM	_____
	Swimmers Counts for Warm-ups: 363	=====	=====		
	Entry / Heat Totals:	487	64		
	Finish Time			11:58 AM	_____

LC Senior Zone Championship - 8/1/2019 to 8/4/2019**Session Report**

Session: 4 Friday Finals

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	11 Women 200 Freestyle	32	4 u	05:00 PM	_____
Finals	12 Men 200 Freestyle	32	4 u	05:12 PM	_____
Finals	13 Women 100 Butterfly	32	4 u	05:23 PM	_____
Finals	14 Men 100 Butterfly	32	4 u	05:30 PM	_____
Finals	15 Women 400 IM	32	4 u	05:37 PM	_____
Finals	16 Men 400 IM	32	4 u	06:01 PM	_____
	Break: 10 Minutes:				
Finals-2	17 Women 400 Freestyle Relay	16	2 u	06:33 PM	_____
Finals-2	18 Men 400 Freestyle Relay	16	2 u	06:43 PM	_____
	Swimmers Counts for Warm-ups: 151	=====	=====		
	Entry / Heat Totals:	224	28		
	Finish Time			06:52 PM	_____

LC Senior Zone Championship - 8/1/2019 to 8/4/2019
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Session: 5 Saturday Prelims

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	19 Women 200 Butterfly	68	9 u	09:00 AM	_____
Prelims	20 Men 200 Butterfly	56	7 u	09:25 AM	_____
Prelims	21 Women 100 Backstroke	84	11 u	09:42 AM	_____
Prelims	22 Men 100 Backstroke	75	10 u	10:00 AM	_____
Prelims	23 Women 400 Freestyle	73	10 u	10:16 AM	_____
Prelims	24 Men 400 Freestyle	66	9 u	11:05 AM	_____
	Break: 10 Minutes:				
Finals-S	25 Women 800 Freestyle Relay	5	1 u	11:56 AM	_____
Finals-S	26 Men 800 Freestyle Relay	6	1 u	12:05 PM	_____
	Swimmers Counts for Warm-ups: 339	=====	=====		
	Entry / Heat Totals:	433	58		
	Finish Time			12:13 PM	_____

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Session: 6 Saturday Finals

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	19 Women 200 Butterfly	32	4 u	05:00 PM	_____
Finals	20 Men 200 Butterfly	32	4 u	05:13 PM	_____
Finals	21 Women 100 Backstroke	32	4 u	05:25 PM	_____
Finals	22 Men 100 Backstroke	32	4 u	05:33 PM	_____
Finals	23 Women 400 Freestyle	32	4 u	05:41 PM	_____
Finals	24 Men 400 Freestyle	32	4 u	06:02 PM	_____
	Break: 10 Minutes:				
Finals-2	25 Women 800 Freestyle Relay	16	2 u	06:32 PM	_____
Finals-2	26 Men 800 Freestyle Relay	16	2 u	06:52 PM	_____
	Swimmers Counts for Warm-ups: 166	=====	=====		
	Entry / Heat Totals:	224	28		
	Finish Time			07:09 PM	_____

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Session: 7 Sunday Prelims

Day of Meet: 4 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	27 Women 200 Backstroke	75	10 u	09:00 AM	_____
Prelims	28 Men 200 Backstroke	65	9 u	09:30 AM	_____
Prelims	29 Women 50 Freestyle	102	13 u	09:55 AM	_____
Prelims	30 Men 50 Freestyle	94	12 u	10:04 AM	_____
Prelims	31 Women 200 Breaststroke	54	7 u	10:12 AM	_____
Prelims	32 Men 200 Breaststroke	55	7 u	10:33 AM	_____
	Break: 10 Minutes:				
Finals-S	35 Women 400 Medley Relay	12	2 u	11:03 AM	_____
Finals-S	36 Men 400 Medley Relay	11	2 u	11:13 AM	_____
	Swimmers Counts for Warm-ups: 370	=====	=====		
	Entry / Heat Totals:	468	62		
	Finish Time			11:22 AM	_____

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Session: 8 Sunday Distance

Day of Meet: 4 Starts at 02:22 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals-S	33 Women 800 Freestyle	26	4 u	02:22 PM _____
Finals-S	34 Men 1500 Freestyle	22	3 u	03:09 PM _____
	Swimmers Counts for Warm-ups: 64	=====	=====	
	Entry / Heat Totals:	48	7	
	Finish Time			04:00 PM _____

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Session: 9 Sunday Finals

Day of Meet: 4 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	27 Women 200 Backstroke	32	4 u	05:00 PM	_____
Finals	28 Men 200 Backstroke	32	4 u	05:14 PM	_____
Finals	29 Women 50 Freestyle	32	4 u	05:27 PM	_____
Finals	30 Men 50 Freestyle	32	4 u	05:32 PM	_____
Finals	31 Women 200 Breaststroke	32	4 u	05:36 PM	_____
Finals	32 Men 200 Breaststroke	32	4 u	05:50 PM	_____
Finals-1	33 Women 800 Freestyle	8	1 u	06:03 PM	_____
Finals-1	34 Men 1500 Freestyle	8	1 u	06:15 PM	_____
	Break: 10 Minutes:				
Finals-2	35 Women 400 Medley Relay	16	2 u	06:43 PM	_____
Finals-2	36 Men 400 Medley Relay	16	2 u	06:54 PM	_____
	Swimmers Counts for Warm-ups: 231	=====	=====		
	Entry / Heat Totals:	240	30		
	Finish Time			07:04 PM	_____